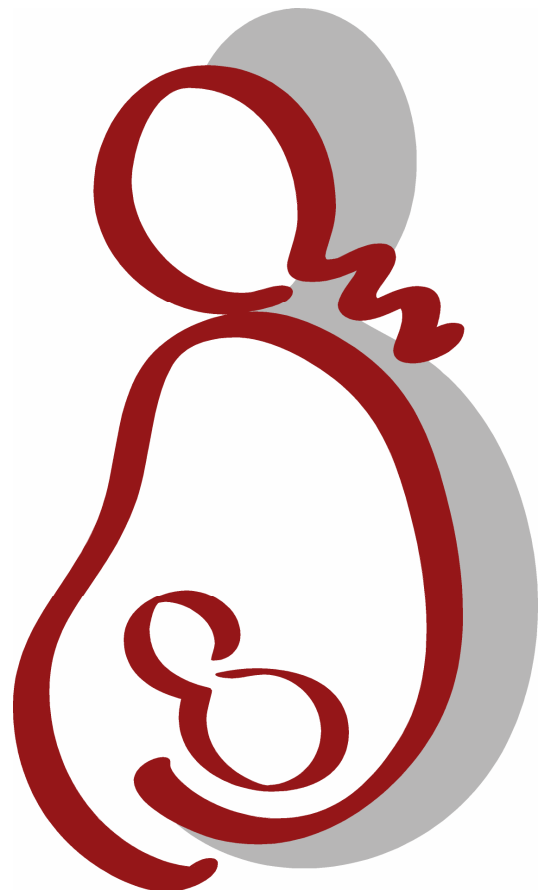


**Childbirth International**

**Approved Reading List**

**SUMMARY CHECKLIST**

**Last Updated July 1st 2008**



## Alternatives to Hospital Birth

Homebirth by *Sheila Kitzinger*

The Home Birth Advantage by *Mayer Eisenstein*

Unassisted Childbirth by *Laura Kaplan Shanley*

Unassisted Homebirth: An Act of Love by *Lynn M. Greisemer*

Home Births: Stories to Inspire And Inform by *Abigail Cairns*

Home Birth: A Practical Guide by *Nicky Wesson*

Home Births: The Report of the 1994 Confidential Enquiry by the National Birthday Trust Fund Editor: *Geoffrey Chamberlain & Ann Wraight*

Successful Home Birth and Midwifery: The Dutch Model Editor: *Eva Abraham-Van der Mark*

Women, Power, and Childbirth: A Case Study of a Free-Standing Birth Center Editor: *Kathleen Doherty Turkel*

## Anatomy & Physiology

Heart & Hands: A Midwife's Guide to Pregnancy & Birth by *Elizabeth Davis*

Anatomy and Physiology for Midwives by *Jane Coad & Melvyn Dunstall*

Mayer's Midwifery by *Christine Henderson & Susan MacDonald*

Myles' Textbook for Midwives by *Diane M. Fraser & Maggie M. Cooper*

The New Midwifery: Science and Sensitivity in Practice by *Lesley Ann Page & Rona McCandlish*

## Breastfeeding Politics

Mother's Milk: Breastfeeding Controversies in American Culture by *Bernice Hausman*

History of the Breast by *Marilyn Yalom*

Milk, Money, and Madness: The Culture and Politics of Breastfeeding by *Naomi Baumslag, M.D. & Dia L. Michels*

At the Breast: Ideologies of Breastfeeding and Motherhood in the Contemporary United States by *Linda M. Blum*

The Politics of Breastfeeding by *Gabrielle Palmer*

A Social History of Wet Nursing in America: From Breast to Bottle by *Janet Golden*

Anthropology of Breast-Feeding: Natural Law or Social Construct Editor: *Vanessa A. Maher*

## Breastfeeding

The Ultimate Breastfeeding Book of Answers: The Most Comprehensive Problem-Solving Guide to Breastfeeding from the Foremost Expert in North America by *Jack Newman M.D. & Teresa Pitman*

Breastfeeding Pure & Simple by *Gwen Gotsch*

The Breastfeeding Book: Everything You Need to Know About Nursing Your Child from Birth Through Weaning by *Martha & William Sears*

The Nursing Mother's Companion by *Kathleen Huggins*

So That's What They're For!: Breastfeeding Basics by *Janet Tamaro*

Fresh Milk: The Secret Life of Breasts by *Fiona Giles*

Breastfeeding Your Baby: Revised Edition by *Sheila Kitzinger*

Bestfeeding: How to Breastfeed Your Baby by *Mary Renfrew, Chloe Fisher & Suzanne Arms*

Breastfeeding Naturally: A New Approach For Today's Mother by *Hannah Lothrop*

The Womanly Art of Breastfeeding: Seventh Revised Edition by *La Leche League International*

Hirkani's Daughters: Women Who Scale Modern Mountains to Combine Breastfeeding and Working Editor: *Jennifer Hicks (Published by La Leche League International)*

Defining your Own Success: Breastfeeding After Breast Reduction Surgery by *Diana West*

Breastfeeding Your Baby by *Jane Moody, Jane Britten & Karen Hogg* (A National Childbirth Trust - NCT - guide)

Birth And Breastfeeding: Rediscovering The Needs Of Women During Pregnancy And Childbirth by *Michel Odent*

Healthy Mother, Better Breastfeeding by *Francesca Naish & Janette Roberts*

Breastfeeding Management for the Clinician: Using the Evidence by *Marcia Walker*

## Cesarean & VBAC

Silent Knife: Cesarean Prevention and Vaginal Birth after Cesarean by *Nancy Wainer Cohen & Lois J. Estner*

The VBAC Companion: The Expectant Mother's Guide to Vaginal Birth After Cesarean by *Diana Korte*

Immaculate Deception II: Myth, Magic & Birth by *Suzanne Arms*

Vaginal Birth After Cesarean: The Smart Woman's Guide to VBAC by *Elizabeth Kaufmann*

Open Season: A Survival Guide for Natural Childbirth and VBAC in the 90s by *Nancy Wainer Cohen*

Birth After Cesarean: The Medical Facts by *Bruce L. Flamm*

Don't Cut Me Again! True Stories About Vaginal Birth After Cesarean (VBAC) Editor: *Angela J. Hoy*

The Expectant Parent's Guide to Preventing a Cesarean Section by *Carl Jones*

Cesarean Voices Editor: *Krista Cornish Scott, Laureen Hudson, Jill MacCorkle & Pamela Udy*

Natural Childbirth After Cesarean: A Practical Guide by *Karis Crawford & Johanne C. Walters*

The Cesarean Myth by *Mortimer Rosen & Lillian Thomas*

Trust Your Body! Trust Your Baby!: Childbirth Wisdom and Cesarean Prevention Editor: *Andrea Frank Henkart*

The Vaginal Birth After Cesarean Experience: Birth Stories by Parents and Professionals Editor: *Lynn Baptisti Richards*

## Communication & Counseling

The Effective Use of Role Play by *Murray Van Ments*

Messages: The Communication Skills Book by *Matthew McKay, Martha Davis & Patrick Fanning*

People Skills: How to Assert Yourself, Listen to Others, and Resolve Conflicts by *Robert Bolton*

A Voice for Now by *Anne Dickson*

## Culture, Birth & Society

Ethnography of Fertility and Birth by *Carol P. MacCormack*

Mother and Child: Visions of Parenting from Indigenous Cultures by *Jan Reynolds*

Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent by *Meredith Small*

Mother Nature: Maternal Instincts and How They Shape the Human Species by *Sarah Hrdy*

Kids: How Biology and Culture Shape the Way We Raise Our Children by *Meredith Small*

A World of Babies: Imagined Childcare Guides for Seven Societies Editor: *Judy S. DeLoache & Alma Gottlieb*

Negotiating Reproductive Rights Editor: *Rosalind Petchesky, Karen Judd & IRRRAG*

The Social Context Of Birth by *Caroline Squire*

Childbirth in the Global Village by *Dawn Hillier*

Birth in Four Cultures : A Crosscultural Investigation of Childbirth in Yucatan, Holland, Sweden, and the United States by *Brigitte Jordan*

Childbirth and Authoritative Knowledge: Cross-Cultural Perspectives by *Robbie E. Davis-Floyd*

## Depression

This Isn't What I Expected: Overcoming Postpartum Depression by *Karen Kleiman & Valerie Raskin*

Beyond the Blues: A Guide to Understanding and Treating Prenatal and Postpartum Depression by *Shoshana S. Bennett Ph.D. & Pec Indman*

The Hidden Feelings of Motherhood: Coping with Stress, Depression, and Burnout by *Kathleen A. Kendall-Tackett*

The Postpartum Husband: Practical Solutions for living with Postpartum Depression by *Karen R. Kleiman*

Sleepless Days: One Woman's Journey Through Postpartum Depression by *Susan Kushner Resnick*

## Disability & Abnormality

Choosing Naia: A Family's Journey by *Mitchell Zuckhoff*

Uncommon Fathers: Reflections on Raising a Child With a Disability Editor: *Donald J. Meyer*

Expecting Adam: A True Story of Birth, Rebirth, and Everyday Magic by *Martha Beck*

You Will Dream New Dreams: Inspiring Personal Stories by Parents of Children With Disabilities Editor: *Stanley Klein & Kim Schive*

Disability in Pregnancy and Childbirth Editor: *Stella Francis Mckay-Moffat*

## Childbirth Education

Childbirth Education: Practice, Research and Theory by *Francine H. Nichols & Sharron Smith Humenick*

Birth and Parenting Skills: New Directions in Antenatal Education by *Mary Nolan & Julie Foster*

Leading Antenatal Classes: A Practical Guide by *Judith Schott & Judy Priest*

Antenatal Education: A Dynamic Approach by *Mary Nolan*

Education for Parenting: A Guide for Health Professionals by *Mary Nolan*

## Evidence-Based Care

The Thinking Woman's Guide to a Better Birth by *Henci Goer*

Obstetric Myths Versus Research Realities: A Guide to the Medical Literature by *Henci Goer*

A Guide to Effective Care in Pregnancy and Childbirth by *Murray Enkin, Marc Keirse, James Neilson, Caroline Crowther, Leila Duley, Ellen Hodnett, & Justus Hofmeyr*

Appraising Research into Childbirth: An Interactive Workbook by *Sara Wickham*

Normal Childbirth: Evidence and Debate by *Susan Downe*

Evidence-Based Care for Normal Labour and Birth: A Guide for Midwives by *Denis Walsh*

Breastfeeding Management for the Clinician: Using the Evidence by *Marcia Walker*

## Fatherhood

Fatherhood: An Anthology of New Writing by *Peter Howarth*

Babyhood by *Paul Reiser*

The Pregnant Guy by *Simon Morse*

The Postpartum Husband: Practical Solutions for living with Postpartum Depression by *Karen R. Kleiman*

Throwaway Dads: The Myths and Barriers That Keep Men from Being the Fathers They Want to Be by *Ross Parke & Armin Brott*

Believing it All: Lessons I Learned from My Children by *Marc Parent*

Love, Laughter and Parenting: In the precious years from birth to age 6 by *Steve & Shaaron Biddulph*

Father for Life: A Journey of Joy, Challenge, and Change by *Armin A. Brott*

Uncommon Fathers: Reflections on Raising a Child With a Disability Editor: *Donald J. Meyer*

## Fertility & Infertility

Taking Charge of Your Fertility: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health by *Toni Weschler*

What to Do When You Can't Get Pregnant: The Complete Guide to All the Technologies for Couples Facing Fertility Problems by *Daniel A. Potter & Jennifer S. Hannin*

Women's Bodies, Women's Wisdom: Creating Physical and Emotional Health and Healing by *Christiane Northrup*

Infertility Survival Handbook by *Elizabeth Swire Falker*

Healthy Parents, Better Babies: A Couple's Guide to Natural Preconception Health Care by *Francesca Naish & Janette Roberts*

Unsung Lullabies: Understanding and Coping with Infertility by *Janet Jaffe, David Diamond & Martha Diamond*

Empty Womb, Aching Heart: Hope and Help for Those Struggling With Infertility by *Marlo Schalesky*

Tears of Sorrow, Seeds of Hope: A Jewish Spiritual Companion for Infertility and Pregnancy Loss by *Nina Beth Cardin*

The Empty Picture Frame: An Inconceivable Journey Through Infertility by *Jenna Currier Nadeau*

I Am More Than My Infertility by *Marina Lombardo & Linda J. Parker*

## Grief & Loss

An Empty Cradle, a Full Heart: Reflections for Mothers and Fathers After Miscarriage, Stillbirth, or Infant Death by *Christine O'Keeffe Lafser*

When A Baby Dies: The Experience of Late Miscarriage, Stillbirth and Neonatal Death by *Nancy Kohner & Alix Henley*

Unspeakable Losses: Healing From Miscarriage, Abortion, And Other Pregnancy Loss by *Kim Kluger-bell*

When Men Grieve: Why Men Grieve Differently and How You Can Help by *Elizabeth Levang*

Ended Beginnings: Healing Childbearing Losses by *Claudia Panuthos & Catherine Romeo*

## Reading List: Labor & Birth

Mother's Intention: How Belief Shapes Birth by *Kim Wildner*

A Good Birth, A Safe Birth : Choosing and Having the Childbirth Experience You Want by *Diana Korte*

Active Birth : The New Approach to Giving Birth Naturally by *Janet Balaskas*

Birthing from Within: An Extra-Ordinary Guide to Childbirth Preparation by *Pam England & Rob Horowitz*

The Birth Book: Everything You Need to Know to Have a Safe and Satisfying Birth by *William and Martha Sears*

Mind over Labor: A Breakthrough Guide to Giving Birth by *Carl Jones*

Special Delivery by *Rahima Baldwin*

Birth without Violence by *Frederick Leboyer*

Complete Book of Pregnancy and Childbirth by *Sheila Kitzinger*

Ina May's Guide to Childbirth by *Ina May Gaskin*

Gentle Birth Choices: A Guide to Making Informed Decisions about Birthing Centers, Birth Attendants, Water Birth, Home Birth, and Hospital Birth by *Barbara Harper*

Spiritual Midwifery by *Ina May Gaskin*

The Premie Parents' Companion: The Essential Guide to Caring for Your Premature Baby in the Hospital, at Home, and Through the First Years by *Susan L. Madden*

A Labor of Love: A Complete Guide to Childbirth for the Mind, Body and Soul of the Jewish Woman by *Rachel Broncher*

Childbirth without Fear: The Principles and Practice of Natural Childbirth by *Grantley Dick-Read*

Healthy Body, Better Birthing by *Francesca Naish & Janet Roberts*

A Labour of Love: An Australian Guide to Natural Childbirth by *Gabrielle Targett*

## Books in Other Languages

Duik in je wëeen! By *Carita Salomé and Juliette de Wit*

Vivre sa grossesse et son accouchement : Une naissance heureuse By *Isabelle Brabant*

Une Autre Césarienne ? Non Merci By *Helene de Vadeboncoeur*

Les 10 plus gros mensonges sur... L'accouchement By *Blandine Poitel*

Pour une naissance sans violence By *Frédéric Leboyer*

Au coeur de la naissance : Témoignages et réflexions sur l'accouchement By *Lysane Grégoire et Stéphanie St-Amant*

Accouchement, naissance : Un chemin initiatique By *Martine Texier*

L'attente sacrée, 9 mois pour donner la vie By *Martine Texier*

A corps consentant By *Marie Bertherat, Thérèse Bertherat & Paule Brung*

Accoucher en sécurité : Plaidoyer pour choisir une naissance plus naturelle By *Sophie Gamelin-Lavois*

Bien-être et Maternité By *Bernadette de Gasquet*

Bébé est là, vive maman : Les suites de couches By *Bernadette de Gasquet*

Parents futes bebes ravis By *Ingrid Bayot*

Césariennes : questions, effets, enjeux : Alerte face à la banalisation By *Michel Odent*

Das Stillbuch (The Breastfeeding Book) By *Hannah Lothrop*

Die Hebammensprechstunde By *Ingeborg Stadelmann*

Schwangerschaft und Geburt. Gesundheit. Ernährung. Pflege. By *Birgit Gebauer-Sesterhenn & Thomas Villinger*

Stillen kompakt: Atlas zur Diagnostik und Therapie in der Stillberatung By *Kerri Frischknecht*

## Reading List: Midwives Tales

Baby Catcher: Chronicles of a Modern Midwife by *Peggy Vincent*

Monique and the Mango Rains: Two Years with a Midwife in Mali by *Kris Holloway*

A Midwife's Story by *Penny Armstrong & Sheryl Feldman*

Playing Catch: A Midwife's Memoirs by *Sally Urang*

A Midwife's Tale: The Life of Martha Ballard, Based on Her Diary, 1785-1812 by *Laurel Thatcher Ulrich*

Sisters on a Journey: Portraits of American Midwives by *Penfield Chester*

Orlean Puckett: The Life of a Mountain Midwife, 1844-1939 by *Karen Cecil Smith*

LISTEN TO ME GOOD: The Life Story of an Alabama Midwife by *Margaret Charles Smith*

## Reading List: Pain in Labor

Easing Labor Pain : The Complete Guide to a More Comfortable and Rewarding Birth by *Adrienne B. Lieberman*

What a Blessing She Had Chloroform: The Medical and Social Response to the Pain of Childbirth from 1800 to the Present by *Donald Caton*

Labor Pain: A Natural Approach to Easing Delivery by *Nicky Wesson*

Pain, Pleasure, and American Childbirth: From the Twilight Sleep to the Read Method, 1914-1960 (Contributions in Medical Studies) by *Margarete Sandelowski*

## Reading List: Parenting

The Attachment Parenting Book : A Commonsense Guide to Understanding and Nurturing Your Baby by *William & Martha Sears*

The Continuum Concept: In Search Of Happiness Lost by *Jean Liedloff*

Attachment Parenting: Instinctive Care for Your Baby and Young Child by *Katie Allison Granju & William Sears*

The Baby Book: Everything You Need to Know About Your Baby from Birth to Age Two by *William Sears, Martha Sears, Robert Sears & James Sears*

The Vaccine Book: Making the Right Decision for Your Child by *Robert Sears*

Primal Health: Understanding the Critical Period Between Conception and the First Birthday by *Michel Odent*

## Reading List: Politics of Birth

Birth Crisis by *Sheila Kitzinger*

Pushed: The Painful Truth About Childbirth and Modern Maternity Care by *Jennifer Block*

Birth: The Surprising History of How We Are Born by *Tina Cassidy*

Born in the USA: How a Broken Maternity System Must Be Fixed to Put Women and Children First by *Marsden Wagner*

Vaginal Politics: A midwife story by *Judy Lee*

Mind over Labor: A Breakthrough Guide to Giving Birth by *Carl Jones*

Birth as an American Rite of Passage by *Robbie E. David-Floyd*

The Politics of Birth by *Sheila Kitzinger*

## Reading List: Pregnancy

The Pregnancy Book: Month-by-Month, Everything You Need to Know From America's Baby Experts by *Martha Sears, William Sears & Linda Hughey Holt*

Pregnancy the Natural Way by *Zita West*

Nutrition for a Healthy Pregnancy: The Complete Guide to Eating Before, During, and After Your Pregnancy by *Elizabeth Somer*

Having Twins And More: A Parent's Guide to Multiple Pregnancy, Birth, and Early Childhood by *Elizabeth Noble*

Complete Book of Pregnancy and Childbirth by *Sheila Kitzinger*

## Reading List: Sleep Issues

Crying Baby, Sleepless Nights: Why Your Baby Is Crying and What You Can Do About It by *Sandy Jones*

The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night by *Elizabeth Pantley & William Sears*

Nighttime Parenting: How to Get Your Baby and Child to Sleep by *William Sears*

Three in a Bed : The Benefits of Sharing Your Bed With Your Baby by *Deborah Jackson*

## Reading List: Doula Support

The Birth Partner: Everything You Need to Know to Help a Woman Through Childbirth by *Penny Simkin*

The Doula Book: How a Trained Labor Companion Can Help You Have a Shorter, Easier, and Healthier Birth by *Marshall Klaus, John Kennell, & Phyllis H. Klaus*

Special Women: The Role of the Professional Labor Assistant by *Paulina Perez & Cheryl Snedeker*

The Doula Advantage: Your Complete Guide to Having an Empowered and Positive Birth with the Help of a Professional Childbirth Assistant by *Rachel Gurevich*

A Tip Toe Through the Doulas by *Breck Hawk*

Nurturing the Family The Guide for Postpartum Doulas by *Jacqueline Kelleher*

The Nurturing Touch at Birth: A Labor Support Handbook by *Paulina Perez*

## Reading List: Prenatal Testing

The Tentative Pregnancy: How Amniocentesis Changes the Experience of Motherhood by *Barbara Katz Rothman*

Testing Women, Testing the Fetus : The Social Impact of Amniocentesis in America (The Anthropology of Everyday Life) by *Rayna Rapp*

Expecting Trouble: The Myth of Prenatal Care in America by *Thomas H. Strong Jr.*